**TUMBLING**

**Tiny Tumblers (ages 3–4 years)**
Basic skills for coordination and balance including forward/backward rolls, jumping, and working on hand eye coordination with skipping and agility. Kids must be able to follow basic instructions in a classroom environment.
Monday: 5:25–5:55 pm
Member: $44  •  Non member: $88

**Mighty Tumblers (ages 5–7 years)**
Basic skills are continued as the advanced tumbler starts to learn bridges, straddle rolls, handstands and cartwheels. Children have playing and interacting with other children.
Monday: 6:00–6:30 pm
Member: $44  •  Non member: $88

**DANCE**

Dance (ages 4–14 years)
The dance program is designed to provide children with a great experience with an introduction to dance. Dancers will learn introductory skills in the art of dance. This is a great way to enhance coordination, poise, confidence and self-expression. There will be a show case following two consecutive sessions.

**MARTIAL ARTS**

JuJitSu (ages 3–13 years)
3–5 years:
BEGINNER: Wednesday: 5:00–5:30 pm
INTERMEDIATE: Wednesday: 5:30–6:00 pm
Member: $18/month  •  Non member: $30/month

6–8 years:
INTERMEDIATE: Wednesday: 6:00–6:45 pm
Member: $24/month  •  Non member: $40/month

9–13 years:
BEGINNER/INTERMEDIATE: Wednesday: 6:45–7:30 pm
ADVANCED: Wednesday: 7:30–8:15 pm
Member: $30/month  •  Non member: $40/month

**YMCA SUMMER CAMP**

Summer will be here before you know it! Register for YMCA Summer Camp NOW at any location.
Check out all our camps, including Day Camp, Specialty Camps & Camp Platte: metroymca.org/camp.