



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# MAPLE STREET YMCA YOUTH PROGRAMS

## SPRING SESSION 2020: March 29–May 9\*

\*Some programming runs on a different session schedule. See description for more information.

### TUMBLING

#### Tiny Tumblers (ages 3–4 years)

Basic skills for coordination and balance including forward/backward rolls, jumping, and working on hand eye coordination with skipping and agility. Kids must be able to follow basic instructions in a classroom environment.

**Monday: 5:25–5:55 pm**

Member: \$44 • Non member: \$88

#### Mighty Tumblers (ages 5–7 years)

Basic skills are continued as the advanced tumbler starts to learn bridges, straddle rolls, handstands and cartwheels. Children have playing and interacting with other children.

**Monday: 6:00–6:30 pm**

Member: \$44 • Non member: \$88

### MARTIAL ARTS

#### JuJitSu (ages 3–13 years)

3–5 years:

**Beginner: Wednesday: 5:00–5:30 pm**

**Intermediate: Wednesday: 5:30–6:00 pm**

Member: \$18/month • Non member: \$30/month

6–8 years:

**Intermediate: Wednesday: 6:00–6:45 pm**

Member: \$24/month • Non member: \$40/month

9–13 years:

**Beginner/Intermediate: Wednesday: 6:45–7:30 pm**

**Advanced: Wednesday: 7:30–8:15 pm**

Member: \$30/month • Non member: \$40/month

#### Dance (ages 4–14 years)

The dance program is designed to provide children with a great experience with an introduction to dance. Dancers will learn introductory skills in the art of dance. This is a great way to enhance coordination, poise, confidence and self-expression. There will be a show case following two consecutive sessions.

**Begins again in the Spring.**

**Ages 4–6 - Tuesday: 6:15–6:45 pm**

**Ages 7–9 - Tuesday: 6:45–7:30 pm**

**Ages 10–14 - Tuesday: 7:30–8:15 pm**

Member: \$88 • Non member: \$132



### •• YMCA SUMMER CAMP ••

Summer will be here before you know it! Register for YMCA Summer Camp NOW at any location.

Check out all our camps, including Day Camp, Specialty Camps & Camp Platte: [metroymca.org/camp](http://metroymca.org/camp).

#### YOUTH PROGRAMMING CONTACT:

Tawny Bruyette, Youth & Family Director  
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REGISTRATION OPENS – Members: March 16 • Non members: March 20  
Register at the Maple Street YMCA Welcome Center or online: [metroymca.org](http://metroymca.org)