



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SOUTHWEST YMCA FAMILY PROGRAMS

SPRING SESSION 2020

## Family Pickleball (8 years and up)

Play pickleball as a family in our gym.

**Tuesday: 5:30-7:30 pm**

Member: FREE

Questions about Pickleball?

Contact Kiaja Kenard at [kkenard@metroymca.org](mailto:kkenard@metroymca.org)

## Family Fitness (best for school age + parents)

Bring the family and join us in the gym for some active fun.

**Ends May 18**

**Mondays: 6:00-7:00 pm**

Member: FREE

## First Friday Family Fun Night (all ages)

We will have games, crafts, and snacks for the whole family.

Contact Bailie Meissner at [bmeissner@metroymca.org](mailto:bmeissner@metroymca.org) with questions.

**First Friday of each month: 6:00-8:00 pm**

**My 1: May Day**

Member: FREE

## Family Easter Event (all ages)

Enjoy being active and learning with us! Visit tables and activities and when you finish you will receive an egg with goodies!

**Friday, April 3: 6:00-8:00 pm**

Member: FREE • Non member: \$5/family



Register at the Southwest YMCA Welcome Center or online: [metroymca.org](http://metroymca.org)