PLAY A GAME THAT DOESN’T INCLUDE A REMOTE
YMCA Spring Youth Sports

SOCCER
RECREATIONAL DIVISION
3 years–8th grade

Volleyball
RECREATIONAL DIVISION
1st–8th grade

Flag Football
RECREATIONAL DIVISION
Kindergarten–8th grade

Save $10 with Early Bird Registration!
January 20–February 3
Member $50/player • Non member $80/player

Regular Registration: February 4–24
Member $60/player • Non member $90/player
*Add $15 to the regular price after February 24.

YMCA OF GREATER OMAHA • metroymca.org
FAQ

What equipment or apparel do you need?
Flag Football:
• Mouth guards (mandatory)
• Rubber cleats (optional) or athletic shoes
Soccer:
• Shin guards (mandatory for all ages)
• Rubber cleats (optional) or athletic shoes
Volleyball:
• Gym shoes (non-marking soles)
• Knee pads (optional)

What if we can’t make the practice time the coach has picked out?
We will try our best to find another team that may work in your favor as long as we get enough time to make the adjustments and there is availability on other teams.

When should we hear from the coach?
We hold mandatory coaches meetings two weeks prior to the start of the season. Coaches will receive their roster and are encouraged to get in contact with players & parents as soon as possible by phone, email, or text with details about the upcoming season.

What if bad weather occurs on game days?
• If bad weather occurs to the extent we must cancel your game you will be notified by us through our Playerspace platform. Please refrain from calling the YMCA Welcome Center Staff. You may also hear from your coach and can check your location’s Facebook page.

Where & when will the games & practices be held?
• Practices are determined by the coach.
• Coaches are responsible for finding a location and time at local area fields and schools.
• Games are held on Saturdays at various times ranging from 9:00 am – early afternoon. Weekdays and Sundays may be used for makeup games.

Will we be playing with kids from my YMCA only?
Due to the amount of participants registered, some leagues & programs may call for us to combine with other YMCAs in the Greater Omaha area.

What are the league dates?
• First week of practices: March 16, 2020
• Season: March 28-May 16, 2020

What are the dimensions of the balls being used?
Flag Football:
• PreK – 2nd grade: Peewee size
• 3rd – 6th grade: Junior size
• 7th & 8th grade: Youth size
Soccer:
• Pre-K – U8: #3 size
Volleyball:
• 1st – 8th grade Recreational: Volley Lite Volleyballs
• 5th – 12th grade Advanced: Regulation size

Playerspace
The YMCA partners with Playerspace for electronic communication and league management.
• Convenient 24/7 online access to league information such as schedules, practice times, team information, and event specifics.
• You will receive emails from Playerspace for updates on important sports program information including schedule changes and practice times.
• Convenient access to your private Playerspace email where all league communication can be viewed.

COACH & VOLUNTEER!
Give back to your community by donating your time and talent as a youth sports coach or volunteer. We can’t do it without you! Visit our website for more information about how to get involved:
youth-sports.metroymca.org/information/coaches