



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

BIG GYM SCHEDULE

ARMBRUST YMCA

Effective: August 25th-October 13th 2019 *Times subject to change due to special events*

Sunday	Open Gy GYM CLOSED Open Gym GYM CLOSED Open Gym	8:00 am-9:45 am 9:45 am-11:00 am 11:00 am-11:30 pm 12:30 pm-2:30 pm 2:30 pm-6:45 pm
Monday	Open Gym	5:00 am-9:45 pm
Tuesday	Open Gym	5:00 am-9:45 pm
Wednesday	Open Gym 1/2 Gym Closed Open Gym	5:00 am-8:45 am 8:45 am -10:00 am 10:00 am - 9:45 pm
Thursday	Open Gym	5:00 am-9:45 pm
Friday	Open Gym 1/2 Gym Closed Open Gym	5:00 am-9:45 am 9:45 am - 10:45 am 10:45 am - 9:45 pm
Saturday	Open Gym GYM CLOSED Open Gym	7:00 am-7:30 am 7:30 am-8:35 am 8:35am-6:45 pm