



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MAPLE STREET YMCA YOUTH PROGRAMS

FIRST FALL SESSION 2019: September 1–October 26*

*Some programming runs on a different session schedule. See description for more information.

TUMBLING

Tiny Tumblers (ages 3–4 years)

Basic skills for coordination and balance including forward/backward rolls, jumping, and working on hand eye coordination with skipping and agility. Kids must be able to follow basic instructions in a classroom environment.

Monday: 5:25–5:55 pm

Member: \$44 • Non member: \$88

Mighty Tumblers (ages 5–6 years)

Basic skills are continued as the advanced tumbler starts to learn bridges, straddle rolls, handstands and cartwheels. Children have playing and interacting with other children.

Monday: 6:00–6:30 pm

Member: \$44 • Non member: \$88

Super Tumblers (ages 7–8 years)

Basic skills are continued and advanced as the older tumbler starts to learn more floor skills, flexibility, and balance.

Monday: 6:35–7:05

Member: \$44 • Non member: \$8

MARTIAL ARTS

JuJitSu (ages 3–13 years)

3–5 years:

Beginner: Wednesday: 5:00–5:30 pm

Intermediate: Wednesday: 5:30–6:00 pm

Member: \$16/month • Non member: \$23/month

6–8 years:

Intermediate: Wednesday: 6:00–6:30 pm

Member: \$22/month • Non member: \$32/month

9–13 years:

Beginner/Intermediate: Wednesday: 6:30–7:15 pm

Advanced: Wednesday: 7:15–8:00 pm

Member: \$29/month • Non member: \$36/month

Cheerleading (ages 7–12 years)

The cheer program is a 12-week session that provides a fun and educational experience whether your child is a beginner or advanced. Cheerleaders will learn basic skills like motion technique, jumps, simple stunts and dances and cheers. There is a \$20.00 fee for a team t-shirt and set of poms. The participants will perform what they have learned after their twelve week session.

August 26–November 11: Thursdays: 5:30–6:15 pm

Member: \$100 • Non member: \$140

Dance (ages 4–14 years)

The dance program is designed to provide children with a great experience in dance whether it is their first time or if they are experienced dancers. Dancers will learn about ballet, jazz and tap. This is a great way to enhance coordination, poise, confidence and self-expression. There will be a recital following two consecutive sessions. Anyone participating in the recital will be charged an additional \$25 costume fee at the time of their second registration.

Ages 4–6 - Tuesday: 6:15–6:45 pm

Ages 7–9 - Tuesday: 6:45–7:30 pm

Ages 10–14 - Tuesday: 7:30–8:15 pm

Member: \$88 • Non member: \$132

YOUTH PROGRAMMING CONTACT:

Kelsay Combs–Brown, Youth & Family Manager
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REGISTRATION OPENS – Members: August 12 • Non members: August 16
Register at the Maple Street YMCA Welcome Center or online: metroymca.org