



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SOUTHWEST YMCA FAMILY PROGRAMS

## FIRST FALL SESSION 2019

### Family Pickleball (8 years and up)

Play pickleball as a family in our gym.

**Tuesday: 5:30–7:30 pm**

Member: FREE

Questions about Pickleball?

Contact Kiaja Kenard at [kkenard@metroymca.org](mailto:kkenard@metroymca.org)

### Family Fitness (best for school age + parents)

Bring the family and join us in the gym for some active fun.

**Begins September 9**

**Mondays: 6:00–7:00 pm**

Member: FREE

### First Friday Family Fun Night (all ages)

We will have games, crafts, and snacks for the whole family.

**First Friday of each month: 6:00–8:00 pm**

**September 6: Family Glow Night**

**October 4: Fall Festival**

**November 1: Turkey Trot**

**December 6: Holiday Happenings**

Member: FREE

### Monster Mash Bash (all ages)

Brought to you by the Southwest YMCA & Oak View Mall

**Friday, October 25: 6:00–9:00 pm at the Oak View Mall**

FREE for the community

### Sundaes with Santa (all ages)

Join us for sundaes, crafts, games and a visit with Santa.

**December 20: 6:00–7:30 pm**

FREE for the community



Register at the Southwest YMCA Welcome Center or online: [metroymca.org](http://metroymca.org)