



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# TWIN RIVERS YMCA YOUTH PROGRAMS & EARLY CHILDHOOD EDUCATION

## FIRST FALL SESSION 2019: September 1-October 26

### Marvelous Messes (ages 2-5 years)

In this class your child will develop motor skills, rhythm, song and beginning social skills. Your child will participate in free play, singing, games, stories, and movement activities. We also include fun and messy play designed to enhance your preschooler's development. Finger painting, sand and water play, shaving cream and more.

**Wednesday: 9:45-10:45 am**

Member: \$24 • Non member: \$33

### Tumblers (ages 4-5 years)

Students will learn balance, strength, motor control and flexibility in an engaging atmosphere. Participants receive an introduction to foundational gymnastics skills. Skill progression focus will be up through Level 3.

**Saturday: 9:45-10:30 am**

Member: \$45 • Non member: \$65

### Tumblers (ages 6-10 years)

Students will learn balance, strength, motor control and flexibility in an engaging atmosphere. Participants receive an introduction to foundational gymnastics skills.

**Saturday: 11:40 am-12:40 pm**

Member: \$50 • Non member: \$82

### Fall Festival (all ages)

Come and enjoy fun games, snacks, a trunk or treat, and crafts with family and friends! Chili & Cinnamon Rolls will be available for \$3.

**Friday, October 25: 6:00-7:30 pm**

FREE for the community.



### YOUTH PROGRAMMING CONTACT:

Cole Buffington, Youth & Family/Sports Director  
402-359-9622 • [cbuffington@metroymca.org](mailto:cbuffington@metroymca.org)

REGISTRATION OPENS - Members: August 12 • Non members: August 16  
Register at the Twin Rivers YMCA Welcome Center or online: [metroymca.org](http://metroymca.org)