



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# MAPLE STREET YMCA YOUTH PROGRAMS

## SECOND SUMMER SESSION 2019: June 30–August 24\*

\*Some programming runs on a different session schedule. See description for more information.

### TUMBLING

#### Tiny Tumblers (ages 3–4 years)

Basic skills for coordination and balance including forward/backward rolls, jumping, and working on hand eye coordination with skipping and agility. Kids must be able to follow basic instructions in a classroom environment.

**Monday: 5:25–5:55 pm**

Member: \$44 • Non member: \$88

#### Mighty Tumblers (ages 5–6 years)

Basic skills are continued as the advanced tumbler starts to learn bridges, straddle rolls, handstands and cartwheels. Children have playing and interacting with other children.

**Monday: 6:00–6:30 pm**

Member: \$44 • Non member: \$88

#### Super Tumblers (ages 7–8 years)

Basic skills are continued and advanced as the older tumbler starts to learn more floor skills, flexibility, and balance.

**Monday: 6:35–7:05**

Member: \$44 • Non member: \$8

### MARTIAL ARTS

#### JuJitSu (ages 3–13 years)

3–5 years:

**Beginner: Wednesday: 5:00–5:30 pm**

**Intermediate: Wednesday: 5:30–6:00 pm**

Member: \$16/month • Non member: \$23/month

6–8 years:

**Intermediate: Wednesday: 6:00–6:30 pm**

Member: \$22/month • Non member: \$32/month

9–13 years:

**Beginner/Intermediate: Wednesday: 6:30–7:15 pm**

**Advanced: Wednesday: 7:15–8:00 pm**

Member: \$29/month • Non member: \$36/month

#### Summer Youth Basketball Camp (1<sup>st</sup>–6<sup>th</sup> grades)

This 1st–6th grade recreational basketball camp provides children with an introduction to basketball in the best environment. It will introduce new skills, enhance pre-existing abilities, and teach the rules of the sport. All practices and games will be held at the Butler-Gast YMCA.

**July 8–27**

**Monday & Wednesday: 6:30–7:30 pm**

**Games on Saturday mornings**

Member: \$45 • Non member: \$65

Questions?

Contact: Charles "Skip" Carter at [ccarter@metroymca.org](mailto:ccarter@metroymca.org)

#### Summer Youth Cheerleading Camp (ages 4–12 years)

Come join in on the fun and learn from a NCA certified cheer coach! This camp teaches basic skills including motions, jumps, basic sideline cheers, dance and stunts. No experience is required and all beginner and advanced kids are welcome. A daily snack and camp t-shirt is included.

**June 12–14 or July 24–26: 4:00–6:00 pm**

Member: \$65 • Non member: \$85



### •• YMCA SUMMER CAMP ••

It's not too late! Register for  
YMCA Summer Camp NOW at any location.

Check out all our camps, including Day Camp, Specialty  
Camps & Camp Platte: [metroymca.org/camp](http://metroymca.org/camp).

### YOUTH PROGRAMMING CONTACT:

Kelsay Combs–Brown, Youth & Family Manager  
402–393–3700 • [kbrown@metroymca.org](mailto:kbrown@metroymca.org)

REGISTRATION OPENS – Members: June 17 • Non members: June 21

Register at the Maple Street YMCA Welcome Center or online: [metroymca.org](http://metroymca.org)