



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MAPLE STREET YMCA YOUTH PROGRAMS

FIRST SUMMER SESSION 2019: May 5-June 29*

*Some programming runs on a different session schedule. See description for more information.

TUMBLING

Mighty Mightys - Levels 1 & 2 (ages 3-4 years)

Basic skills for coordination and balance including forward/backward rolls, jumping, and working on hand eye coordination with skipping and agility. Kids must be able to follow basic instructions in a classroom environment.

Monday: 5:25-5:55 pm

Member: \$44 • Non member: \$88

Superstars - Levels 1 & 2 (ages 5-6 years)

Basic skills are continued as the advanced tumbler starts to learn bridges, straddle rolls, handstands and cartwheels. Children have playing and interacting with other children. Song and game time are included.

Monday: 6:00-6:30

Member: \$44 • Non member: \$8

MARTIAL ARTS

JuJitSu (ages 3-13 years)

3-5 years:

Beginner: Wednesday: 5:00-5:30 pm

Intermediate: Wednesday: 5:30-6:00 pm

Member: \$16/month • Non member: \$23/month

6-8 years:

Intermediate: Wednesday: 6:00-6:30 pm

Member: \$22/month • Non member: \$32/month

9-13 years:

Beginner/Intermediate: Wednesday: 6:30-7:15 pm

Advanced: Wednesday: 7:15-8:00 pm

Member: \$29/month • Non member: \$36/month

Cheer (ages 7-12 years)

The cheer program is a 12-week session that provides a fun and educational experience whether your child is a beginner or advanced. Cheerleaders will learn basic skills like motion technique, jumps, simple stunts and dances and cheers. There is a \$20.00 fee for a team t-shirt and set of poms. The girls will perform what they have learned after their twelve week session.

Follows the Summer session dates: Thursday: 5:30-6:30 pm

Member: \$100 • Non member: \$140

YOUTH PROGRAMMING CONTACT:

Kelsay Combs-Brown, Youth & Family Manager
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•• YMCA SUMMER CAMP ••

Summer will be here before you know it! Register for YMCA Summer Camp NOW at any location.

Check out all our camps, including Day Camp, Specialty Camps & Camp Platte: metroymca.org/camp.



REGISTRATION OPENS - Members: April 15 • Non members: April 19
Register at the Maple Street YMCA Welcome Center or online: www.metroymca.org