



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



GET IN THE GAME!

YMCA SPRING YOUTH SPORTS

Registration opens February 4

SOCCER • FLAG FOOTBALL • VOLLEYBALL
Sign up online or at any YMCA location.

SPORTS PRICING:

SOCCER

Member \$50/player • Non member \$65/player

FLAG FOOTBALL

Member \$50/player • Non member \$65/player
Advanced: Member \$55/player • Non member \$70/player

VOLLEYBALL

Member \$50/player • Non member \$65/player
Advanced: Member \$55/player • Non member \$70/player

Team registration available for all sports. Please contact
Kyle at kgay@metroymca.org.

COACH & VOLUNTEER!

Give back to your community by donating your time and talent as a youth sports coach or volunteer. We can't do it without you! Visit our website for more information about how to get involved:
youth-sports.metroymca.org/information/coaches



THANK YOU TO OUR SPONSORS!

JR. REIVERS™



YMCA OF GREATER OMAHA • metroymca.org

FAQ

What equipment or apparel do you need?

Flag Football:

- Mouth guards (mandatory)
- Rubber cleats (optional) or athletic shoes

Soccer:

- Shin guards (mandatory for all ages)
- Rubber cleats (optional) or athletic shoes

Volleyball:

- Gym shoes (non-marking soles)
- Knee pads (optional)

Jerseys:

3-4 year old program will receive a free shirt.

Kindergarten-12th will need a Blue and White Jr. Reiver Dri-Fit jersey that can be purchased at the Charles E. Lakin YMCA or Joe's Designer in Glenwood.

What if we can't make the practice time the coach has picked out?

We will try our best to find another team that may work in your favor as long as we get enough time to make the adjustments and there is availability on other teams.

When should we hear from the coach?

We hold mandatory coaches meetings two weeks prior to the start of the season. Coaches will receive their roster and are encouraged to get in contact with players & parents as soon as possible by phone, email, or text with details about the upcoming season.

What if bad weather occurs on game days?

- You will receive word from the coach after we have made contact with them. Please refrain from calling the YMCA Welcome Center staff. If weather is a concern on game days, we advise that you check the following.
 - Facebook: check your location's page.
 - Player Space will also send out notifications.

Where & when will the games & practices be held?

- Practices are determined by the coach.
- Coaches are responsible for finding a location and time at local area fields and schools.
- Games are held on Saturdays at various times ranging from 9:00 am - early afternoon. Weekdays and Sundays may be used for makeup games.

Will we be playing with kids from my YMCA only?

Due to the amount of participants registered, some leagues & programs may call for us to combine with other YMCAs in the Greater Omaha area.

What are the league dates?

- First week of practices: March 18, 2019
- Season: March 30-May 18, 2019

What are the dimensions of the balls being used?

Flag Football:

- PreK - 2nd grade: Peewee size
- 3rd - 6th grade: Junior size
- 7th & 8th grade: Youth size

Soccer:

- Pre-K - U8: #3 size

Volleyball:

- 1st - 8th grade Recreational: Volley Lite Volleyballs
- 5th - 12th grade Advanced: Regulation size

Player Space

The YMCA partners with Player Space for electronic communication and league management.

- Convenient 24/7 online access to league information such as schedules, practice times, team information, and event specifics.
- You will receive emails from Player Space for updates on important sports program information including schedule changes and practice times.
- Convenient access to your private Player space email where all league communication can be viewed.