the YMCA

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

# Westview YMCA

# November 2026

## OPEN GYM SCHEDULE

| SUN | MON | TUES | WED | THURS | FRI | SAT |
|---|---|---|---|---|---|---|
| **1**<br>8:00am-9:00am<br>Pickleball<br>9:00am-12:00pm<br>12:15pm-6:30pm | **2**<br>5:00am-7:30am<br>1:00pm-1:30pm<br>6:00pm-8:30pm | **3**<br>5:00am-6:15am<br>9:30am-10:30am<br>12:15pm-1:30pm<br>6:00pm-8:30pm | **4**<br>5:00am-7:30am<br>1:00pm-1:30pm | **5**<br>5:00am-6:15am<br>9:30am-10:30am<br>12:15pm-1:30pm | **6**<br>5:00am-7:30am<br>9:30am-10:45am<br>1:00pm-1:30pm<br>6:00pm-8:30pm | **7**<br>Pickleball 101 & Open Play<br>9:00am-10:30am<br>10:45am-6:30pm |
| **8**<br>8:00am-9:00am<br>Pickleball<br>9:00am-12:00pm<br>12:15pm-6:30pm | **9**<br>5:00am-7:30am<br>1:00pm-1:30pm<br>6:00pm-8:30pm | **10**<br>5:00am-6:15am<br>9:30am-10:30am<br>12:15pm-1:30pm<br>6:00pm-8:30pm | **11**<br>5:00am-7:30am<br>1:00pm-1:30pm | **12**<br>5:00am-6:15am<br>9:30am-10:30am<br>12:15pm-1:30pm | **13**<br>5:00am-7:30am<br>9:30am-10:45am<br>1:00pm-1:30pm<br>6:00pm-8:30pm | **14**<br>Pickleball 101 & Open Play<br>9:00am-10:30am<br>10:45am-6:30pm |
| **15**<br>8:00am-9:00am<br>Pickleball<br>9:00am-12:00pm<br>12:15pm-6:30pm | **16**<br>5:00am-7:30am<br>1:00pm-1:30pm<br>6:00pm-8:30pm | **17**<br>5:00am-6:15am<br>9:30am-10:30am<br>12:15pm-1:30pm<br>6:00pm-8:30pm | **18**<br>5:00am-7:30am<br>1:00pm-1:30pm | **19**<br>5:00am-6:15am<br>9:30am-10:30am<br>6:00pm-8:30pm | **20**<br>5:00am-7:30am<br>9:30am-10:45am<br>1:00pm-1:30pm<br>6:00pm-8:30pm | **21**<br>Pickleball 101 & Open Play<br>9:00am-10:30am<br>10:45am-6:30pm |
| **22**<br>8:00am-9:00am<br>Pickleball<br>9:00am-12:00pm<br>12:15pm-6:30pm | **23**<br>5:00am-7:30am<br>1:00pm-1:30pm<br>6:00pm-8:30pm | **24**<br>5:00am-6:15am<br>9:30am-10:30am<br>12:15pm-1:30pm<br>6:00pm-8:30pm | **25**<br>5:00am-7:30am<br>1:00pm-1:30pm<br>6:00pm-8:30pm | **26**<br>5:00am-6:15am<br>Happy Thanksgiving! | **27**<br>5:00am-7:30am<br>9:30am-10:45am<br>1:00pm-1:30pm<br>6:00pm-8:30pm | **28**<br>Pickleball<br>9:00am-10:30am<br>10:45am-6:30pm |
| **29**<br>8:00am-9:00am<br>Pickleball<br>9:00am-12:00pm<br>12:15pm-6:30pm | **30**<br>5:00am-7:30am<br>1:00pm-1:30pm<br>6:00pm-8:30pm | | | | | |
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**Pickleball** (Ages 14+) **10:45am–12:45pm**
**Every Monday, Wednesday, Friday**

# OPEN GYM POLICIES

- Please note that only water, in a closed non-glass container, is allowed.
- Full basketball court is not permitted during open gym times.
- No bags in the gym during open gym. Please secure your personal belongings in a locker.
- Children under 10 must be accompanied and supervised by an adult.
- No dunking or grabbing rims at any time.
- Non-marking athletic shoes must be worn.
- Please return basketballs to the ball rack.
- No kicking or inappropriate use of equipment or balls. Keep balls away from ceiling & lights.
- Indoor soccer and football are not permitted.
- Be respectful of others. No profanity, fighting, excessive yelling, or unsportsmanlike conduct.
- The Y is not responsible for personal injury or for lost, damaged or stolen items.
- The Y reserves the right to ask anyone not adhering to the posted rules to leave the premises.