



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Westview YMCA- July 2025

OPEN GYM SCHEDULE

SUN	MON	TUES	WED	THURS	FRI	SAT
		1 5:00am-6:15am 7:30am-8:30am 1/2 Gym: 8:30am-10:30am 12:15pm-5:30pm 6:30pm-8:30pm	2 5:00am-8:30am 12:15pm-6:00pm Pickleball 14+ 6:00pm-8:30pm	3 5:00am-6:15am 7:30am-8:30am 1/2 Gym: 8:30am-10:30am 12:15pm-8:30pm	4 5:00am-12:30pm No Pickleball Close at 1:00pm	5 Pickleball Skills/Drills 9:00am-10:30am 10:45am-6:30pm
6 8:00am-9:00am Pickleball 9:00am-12:00am 12:15pm-6:30pm	7 5:00am-8:30am 12:15pm-6:00pm Family Pickleball 6:00pm-8:30pm	8 5:00am-6:15am 7:30am-8:30am 1/2 Gym: 8:30am-10:30am 12:15pm-5:30pm 6:30pm-8:30pm	9 5:00am-8:30am 12:15pm-6:00pm Pickleball 14+ 6:00pm-8:30pm	10 5:00am-6:15am 7:30am-8:30am 1/2 Gym: 8:30am-10:30am 12:15pm-8:30pm	11 5:00am-8:30am 1/2 Gym: 8:30am-10:00am 12:15pm-8:30pm	12 Pickleball Skills/Drills 9:00am-10:30am 10:45am-6:30pm
13 8:00am-9:00am Pickleball 9:00am-12:00am 12:15pm-6:30pm	14 5:00am-8:30am 12:15pm-6:00pm Family Pickleball 6:00pm-8:30pm	15 5:00am-6:15am 7:30am-8:30am 1/2 Gym: 8:30am-10:30am 12:15pm-5:30pm 6:30pm-8:30pm	16 5:00am-8:30am 12:15pm-6:00pm Pickleball 14+ 6:00pm-8:30pm	17 5:00am-6:15am 7:30am-8:30am 1/2 Gym: 8:30am-10:30am 12:15pm-8:30pm	18 5:00am-8:30am 1/2 Gym: 8:30am-10:00am 12:15pm-5:30pm Family Fitness/Gym 6:00pm-8:30pm	19 Pickleball Skills/Drills 9:00am-10:30am 10:45am-6:30pm
20 8:00am-9:00am Pickleball 9:00am-12:00am 12:15pm-6:30pm	21 5:00am-8:30am 4:30pm-6:00pm Family Pickleball 6:00pm-8:30pm	22 5:00am-6:15am 7:30am-8:30am 1/2 Gym: 8:30am-10:30am 4:30pm-5:30pm 6:30pm-8:30pm	23 5:00am-8:30am 4:30pm-6:00pm Pickleball 14+ 6:00pm-8:30pm	24 5:00am-6:15am 7:30am-8:30am 1/2 Gym: 8:30am-10:30am 4:30pm-8:30pm	25 5:00am-8:30am 1/2 Gym: 8:30am-10:00am 12:15pm-8:30pm	26 Pickleball Skills/Drills 9:00am-10:30am 10:45am-6:30pm
27 8:00am-9:00am Pickleball 9:00am-12:00am 12:15pm-6:30pm	28 5:00am-8:30am 12:15pm-6:00pm	29 5:00am-6:15am 7:30am-8:30am 1/2 Gym: 8:30am-10:30am 12:15pm-5:30pm 6:30pm-8:30pm	30 5:00am-8:30am 12:15pm-6:00pm Pickleball 14+ 6:00pm-8:30pm	31 5:00am-6:15am 7:30am-8:30am 1/2 Gym: 8:30am-10:30am 12:15pm-8:30pm	Aug 1 5:00am-8:30am 1/2 Gym: 8:30am-10:00am 12:15pm-8:30pm	Aug 2 Pickleball Skills/Drills 9:00am-10:30am 10:45am-6:30pm
<div style="background-color: #800080; color: white; padding: 10px; text-align: center;"> PICKLEBALL (Ages 14+) 10:00am-12:00pm Every Monday, Wednesday, Friday </div>						

OPEN GYM POLICIES

- Please note that only water, in a closed non-glass container, is allowed.
- Full basketball court is not permitted during open gym times.
- **No bags in the gym during open gym. Please secure your personal belongings in a locker.**
- Children under 10 must be accompanied and supervised by an adult.
- No dunking or grabbing rims at any time.
- Non-marking athletic shoes must be worn.
- Please return basketballs to the ball rack.
- No kicking or inappropriate use of equipment or balls. Keep balls away from ceiling & lights.
- Indoor soccer and football are not permitted.
- Be respectful of others. No profanity, fighting, excessive yelling, or unsportsmanlike conduct.
- The Y is not responsible for personal injury or for lost, damaged or stolen items.
- The Y reserves the right to ask anyone not adhering to the posted rules to leave the premises.