



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Westview YMCA- APRIL 2025

## OPEN GYM SCHEDULE

SUN	MON	TUES	WED	THURS	FRI	SAT
		<b>1</b> 5:00am-6:15am 7:30am-10:30am 12:15pm-1:30pm 6:00pm-8:30pm	<b>2</b> 5:00am-8:30am 12:15pm-1:30pm	<b>3</b> 5:00am-6:15am 7:30am-10:30am 12:15pm-1:30pm	<b>4</b> 5:00am-10:00am 12:15pm-1:30pm 6:00pm-8:30pm	<b>5</b> 9:00am-6:30pm
<b>6</b> 8:00am-10:00am 12:15pm-6:30pm	<b>7</b> 5:00am-8:30am 12:15pm-1:30pm 6:00pm-8:30pm	<b>8</b> 5:00am-6:15am 7:30am-10:30am 12:15pm-1:30pm 6:00pm-8:30pm	<b>9</b> 5:00am-8:30am 12:15pm-1:30pm	<b>10</b> 5:00am-6:15am 7:30am-10:30am 12:15pm-1:30pm	<b>11</b> 5:00am-10:00am <b>Health Fair:</b> <b>1:00pm-5:00pm</b> 6:00pm-8:30pm	<b>12</b> 9:00am-6:30pm
<b>13</b> 8:00am-10:00am 12:15pm-6:30pm	<b>14</b> 5:00am-8:30am 12:15pm-1:30pm 6:00pm-8:30pm	<b>15</b> 5:00am-6:15am 7:30am-10:30am 12:15pm-1:30pm 6:00pm-8:30pm	<b>16</b> 5:00am-8:30am 12:15pm-1:30pm	<b>17</b> 5:00am-6:15am 7:30am-10:30am 12:15pm-1:30pm	<b>18</b> 5:00am-10:00am 12:15pm-1:30pm <b>Family Fitness</b> 6:30pm-7:15pm <b>Family Open Gym</b> 7:15pm-8:30pm	<b>19</b> 9:00am-6:30pm
<b>20</b> CLOSED	<b>21</b> 5:00am-8:30am 12:15pm-1:30pm 6:00pm-8:30pm	<b>22</b> 5:00am-6:15am 7:30am-10:30am 12:15pm-1:30pm 6:00pm-8:30pm	<b>23</b> 5:00am-8:30am 12:15pm-1:30pm	<b>24</b> 5:00am-6:15am 7:30am-10:30am 12:15pm-1:30pm	<b>25</b> 5:00am-10:00am 12:15pm-1:30pm 6:00pm-8:30pm	<b>26</b> 9:00am-6:30pm
<b>27</b> 8:00am-10:00am 12:15pm-6:30pm	<b>28</b> 5:00am-8:30am 12:15pm-1:30pm 6:00pm-8:30pm	<b>29</b> 5:00am-6:15am 7:30am-10:30am 12:15pm-1:30pm 6:00pm-8:30pm	<b>30</b> 5:00am-8:30am 12:15pm-1:30pm	<b>MAY 1</b> 5:00am-6:15am 7:30am-10:30am 12:15pm-1:30pm	<b>MAY 2</b> 5:00am-10:00am 12:15pm-1:30pm 6:00pm-8:30pm	<b>MAY 3</b> 9:00am-6:30pm

**PICKLEBALL** (Ages 14+) **10:00am-12:00pm**  
Every Sunday, Monday, Wednesday, Friday

## OPEN GYM POLICIES

- Please note that only water, in a closed non-glass container, is allowed.
- Full basketball court is not permitted during open gym times.
- **No bags in the gym during open gym. Please secure your personal belongings in a locker.**
- Children under 10 must be accompanied and supervised by an adult.
- No dunking or grabbing rims at any time.
- Non-marking athletic shoes must be worn.
- Please return basketballs to the ball rack.
- No kicking or inappropriate use of equipment or balls. Keep balls away from ceiling & lights.
- Indoor soccer and football are not permitted.
- Be respectful of others. No profanity, fighting, excessive yelling, or unsportsmanlike conduct.
- The Y is not responsible for personal injury or for lost, damaged or stolen items.
- The Y reserves the right to ask anyone not adhering to the posted rules to leave the premises.