



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Westview YMCA- March 2025

OPEN GYM SCHEDULE

SUN	MON	TUES	WED	THURS	FRI	SAT
						1 9:00am-6:30pm
2 8:00am-10:00am 12:15pm-6:30pm	3 5:00am-8:30am 12:15pm-1:30pm 6:00pm-8:30pm	4 5:00am-6:15am 7:30am-10:30am 12:15pm-1:30pm 6:00pm-8:30pm	5 5:00am-8:30am 12:15pm-1:30pm	6 5:00am-10:30am 12:15pm-1:30pm	7 5:00am-10:00am 12:15pm-1:30pm 6:00pm-8:30pm	8 9:00am-6:30pm
9 8:00am-10:00am 12:15pm-6:30pm	10 5:00am-8:30am 12:15pm-1:30pm 6:00pm-8:30pm	11 5:00am-6:15am 7:30am-10:30am 12:15pm-1:30pm 6:00pm-8:30pm	12 5:00am-8:30am 12:15pm-1:30pm 6:00pm-8:30pm	13 5:00am-6:15am 7:30am-10:30am 12:15pm-1:30pm 6:00pm-8:30pm	14 5:00am-10:00am 12:15pm-1:30pm 6:00pm-8:30pm	15 9:00am-6:30pm
16 8:00am-10:00am 12:15pm-6:30pm	17 5:00am-8:30am 4:45pm-8:30pm	18 5:00am-10:30am 4:45pm-8:30pm	19 5:00am-8:30am 3:30pm-5:30pm	20 5:00am-10:30am 3:30pm-5:30pm	21 5:00am-10:00am 12:15pm-6:00pm Family Fitness 6:30pm-7:15pm Family Open Gym 7:15pm-8:30pm	22 9:00am-6:30pm
23 8:00am-10:00am 12:15pm-6:30pm	24 5:00am-8:30am 12:15pm-1:30pm 6:00pm-8:30pm	25 5:00am-6:15am 7:30am-10:30am AOA Potluck 11:45am-1:30pm 6:00pm-8:30pm	26 5:00am-8:30am 12:15pm-1:30pm	27 5:00am-6:15am 7:30am-10:30am 12:15pm-1:30pm	28 5:00am-10:00am 12:15pm-8:30pm	29 9:00am-6:30pm
30 8:00am-10:00am 12:15pm-6:30pm	31 5:00am-8:30am 12:15pm-1:30pm 6:00pm-8:30pm					

PICKLEBALL (Ages 16+) **10:00am-12:00pm**
Every Sunday, Monday, Wednesday, Friday

OPEN GYM POLICIES

- Please note that only water, in a closed non-glass container, is allowed.
- Full basketball court is not permitted during open gym times.
- **No bags in the gym during open gym. Please secure your personal belongings in a locker.**
- Children under 10 must be accompanied and supervised by an adult.
- No dunking or grabbing rims at any time.
- Non-marking athletic shoes must be worn.
- Please return basketballs to the ball rack.
- No kicking or inappropriate use of equipment or balls. Keep balls away from ceiling & lights.
- Indoor soccer and football are not permitted.
- Be respectful of others. No profanity, fighting, excessive yelling, or unsportsmanlike conduct.
- The Y is not responsible for personal injury or for lost, damaged or stolen items.
- The Y reserves the right to ask anyone not adhering to the posted rules to leave the premises.