



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BUTLER-GAST YMCA YOUTH PROGRAMS

WINTER 2019

Play & Learn (ages 0-5 years)

Play & Learn is a fun and exciting program at the Butler-Gast YMCA for parents and their children ages 0 months to 5 years old. Consisting of a one hour play & learn segment and one hour of open gym, this specially designed class incorporates innovation with classic learning techniques to engage young minds.

The program is a way for children to learn and develop as they play, while spending time with their family. Every aspect of your baby's development is covered -- from social interaction to physical activity to cognitive learning, and there's plenty of time for play! Our Y activity instructor will guide parents and their children in art, music, dance games and much more!

Monday-Thursday

Play & Learn: 10:00-10:45 am; Open Gym: 11:00-11:45 am

Play & Learn: \$5/class or \$40/month per child

Open Gym: \$5/session or \$30/month per child

Ballet (ages 5-15 years)

A poised style of dance that incorporates the foundational techniques for many other dance forms and is highly suggested as a base to be taken before and during further dance training.

Saturday: 10:00-10:45 am

Member: \$45 • Non member: \$90

Hip Hop (ages 5-15 years)

A very energetic form of dancing. It is unique in that it allows its dancers to perform with freedom of movement, adding their own personalities. Hip hop dancing is an ideal way to express one's creativeness.

Saturday: 10:45-11:30 am

Member: \$45 • Non member: \$90

Tap (ages 5-15 years)

A rhythmic style of dance combined with Jazz technique. The tap shoes are used as percussive instruments to create sounds while hitting the floor. The class emphasis is on musicality, rhythm, coordination, style and technique.

Saturday: 11:30 am-12:00 pm

Member: \$45 • Non member: \$90



YOUTH CONTACT:

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Register at the Butler-Gast YMCA Welcome Center or online: www.metroymca.org