



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DOWNTOWN YMCA FAMILY PROGRAMS

WINTER 2019

Birthday Parties (1-12 years)

Host your next party at the Downtown YMCA! Our three party packages to choose from are Bounce House, Pool and Sports Parties. Each party includes a host and a party room perfect for pizza and cake!

Saturdays & Sundays: 2 hour parties

Member: \$125/12 children • Non member: \$150/12 children

First Fridays! Family Activity Night (all ages)

Come out to the Downtown Y for fun games in the gym, bounce house activities, crafts and open swim!

First Friday of each month: 6:00-8:00 pm

Member: FREE

Parent's Night Out (ages 4-12 years)

Drop your child off at the YMCA to have a great time while Mom and Dad enjoy some time alone.

January 18 (Winter Wonderland) & February 15 (Superhero Madness): 5:00-9:00 pm

Member: FREE • Non member: \$15

Parent's Night Out: Babies Edition (ages 1-3 years)

Drop your infant off at the YMCA to have a great time while Mom and Dad enjoy some time alone. Registration opens the first of the month.

January 18 (Winter Wonderland) & February 15 (Superhero Madness): 5:00-9:00 pm

Member: \$20 • Non member: \$30

Family Health & Fun (ages 5-12 years)

This new program will have children and families having fun each week and getting healthy together. The first 45 minutes will include a fun family fitness activity and the last 15 minutes will include a snack and activity in our cafeteria.

Monday & Thursday: 5:00-6:00 pm

Member: FREE

Family Game Day! (all ages)

Join us for an evening full of family holiday harvest fun! We will have Fall fun for all ages, including, crafts, games, and more!

Saturday, January 26: 10:00 am-12:00 pm

Member: FREE



FAMILY PROGRAMMING CONTACT:

Samantha Chloupek, Senior Program Director
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Register at the Downtown YMCA Welcome Center or online: www.metroymca.org