



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BUTLER-GAST YMCA YOUTH PROGRAMS

FALL 2018 Dance: September 8-December 1 • Register beginning August 10

Ballet (ages 5-15 years)

A poised style of dance that incorporates the foundational techniques for many other dance forms and is highly suggested as a base to be taken before and during further dance training.

Saturday: 10:00-10:45 am

Members: \$45 • Non members: \$90

Hip Hop (ages 5-15 years)

A very energetic form of dancing. It is unique in that it allows its dancers to perform with freedom of movement, adding their own personalities. Hip hop dancing is an ideal way to express one's creativeness.

Saturday: 10:45-11:30 am

Members: \$45 • Non members: \$90

Tap (ages 5-15 years)

A rhythmic style of dance combined with Jazz technique. The tap shoes are used as percussive instruments to create sounds while hitting the floor. The class emphasis is on musicality, rhythm, coordination, style and technique.

Saturday: 11:30 am-12:00 pm

Members: \$45 • Non members: \$90



YOUTH CONTACT:

Alethea Lewis, Member Engagement Specialist
402-453-8903 • alewis@metroymca.org

Register at the Butler-Gast YMCA Welcome Center or online: www.metroymca.org