



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# DOWNTOWN YMCA FAMILY PROGRAMS

FALL 2018

## **Birthday Parties (1-12 years)**

Host your next party at the Downtown YMCA! Our three party packages to choose from are Bounce House, Pool and Sports Parties. Each party includes a host and a party room perfect for pizza and cake!

**Saturdays & Sundays: 2 hour parties**

Member: \$125/12 children • Non member: \$150/12 children

## **First Fridays! Family Activity Night (all ages)**

Come out to the Downtown Y for fun games in the gym, bounce house activities, crafts and open swim!

**First Friday of each month: 6:00-8:00 pm**

Member: FREE

## **Parent's Night Out (ages 4-12 years)**

Drop your child off at the YMCA to have a great time while Mom and Dad enjoy some time alone.

**August 17, September 21, October 19: 5:00-9:00 pm**

Member: FREE • Non member: \$15

## **Parent's Night Out: Babies Edition (ages 1-3 years)**

Drop your infant off at the YMCA to have a great time while Mom and Dad enjoy some time alone. Registration opens the first of the month.

**August 17, September 21, October 19: 5:00-9:00 pm**

Member: \$20 • Non member: \$30

## **Family Health & Fun (ages 5-12 years)**

This new program will have children and families having fun each week and getting healthy together. The first 45 minutes will include a fun family fitness activity and the last 15 minutes will include a snack and activity in our cafeteria.

**Tuesday & Thursday: 5:00-6:00 pm**

Member: FREE

## **Fall Harvest Party (all ages)**

Join us for an evening full of family holiday harvest fun! We will have Fall fun for all ages, including, crafts, games, and more!

**Friday, October 26: 6:00-7:30 pm**

Member: FREE



### **YOUTH PROGRAMMING CONTACT:**

**Tyler Walker, Youth & Family Director**  
402-977-4297 • [twalker@metroymca.org](mailto:twalker@metroymca.org)

Register at the Downtown YMCA Welcome Center or online: [www.metroymca.org](http://www.metroymca.org)