



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# MAPLE STREET YMCA YOUTH PROGRAMS

## 2018 SECOND SUMMER SESSION: July 1-August 25\*

\*Some programming runs on a different session schedule. See description for more information.

### TUMBLING

#### Tumbling Tots (2 years)

Basic skills for coordination and balance including forward rolls, log rolls, and jumping. Children have fun playing and interacting with other children. Song and game time included.

**Monday: 5:25-5:55 pm**

Member: \$44 • Non member: \$88

#### Mighty Mightys (ages 3-4 years)

Basic skills for coordination and balance including forward/backward rolls, jumping, and working on hand eye coordination with skipping and agility. Children have fun playing and interacting with other children. Song and game time included.

**Monday: 6:00-6:30 pm or 6:35-7:05 pm**

Member: \$44 • Non member: \$88

#### Superstars (ages 5-6 years)

Basic skills are continued as the advance tumbler starts to learn bridges, straddle rolls, handstands and cartwheels. Children have playing and interacting with other children. Song and game time are included.

**Monday: 7:10-7:40 pm**

Member: \$44 • Non member: \$88

### MARTIAL ARTS

#### JuJitSu (ages 3-13 years)

**3-5 years: Wednesday: 5:15-5:45 pm**

Member: \$14 • Non member: \$21

**6-8 years: Wednesday: 5:50-6:30 pm**

Member: \$20 • Non member: \$30

**9-13 years: Wednesday: 6:35-7:30 pm**

Member: \$27 • Non member: \$34

### DANCE

#### Dance (ages 3-12 years)

The dance program is designed to provide children with a great experience in dance whether it is their first time or if they are experienced dancers. Dancers will get to learn about ballet, jazz, and even hip hop. This is a great way to enhance coordination, poise, confidence, and self-expression. There will be a recital at the end of the session to showcase everything they have learned.

**3-4 years: Tuesday: 6:15-6:45 pm; Saturday 9:00am-9:30 am**

Member: \$30/month • Non member: \$40/month

**5-7 years: Tuesday: 6:45-7:30 pm; Saturday 9:30-10:15 am**

Member: \$35/month • Non member: \$45/month

**8-12 years: Tuesday: 7:30-8:15 pm; Saturday 10:15-11:00 am**

Member: \$35/month • Non member: \$45/month

#### Back to School Bash (all ages)

Join us at the Maple Street YMCA to kick off the 2018-2019 school year with our Back to School Bash! Have fun playing in our bounce houses, swimming in the pool, playing games and so much more! Sponsored in part by Chick-fil-A.

**Friday, August 10: 5:00-8:00 pm**

FREE for the community.

#### YOUTH PROGRAMMING CONTACT:

Lilly Rush, Youth & Family Director  
402-393-3700 • [lrush@metroymca.org](mailto:lrush@metroymca.org)

REGISTRATION OPENS - Members: June 18 • Non members: June 22

Register at the Maple Street YMCA Welcome Center or online: [www.metroymca.org](http://www.metroymca.org)