



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# READY TO RUMBLE

## Jr. Reivers™ Fall Flag Football For youth 3 years – 8<sup>th</sup> grade

### 3-4 YEARS OLD:

Introduce your child to Flag Football! Youth will have a team practice for a half hour, followed by a half hour game. The focus is on basic skill development, teamwork and having fun. Parents are encouraged to participate with their child during practice. A T-shirt is included in the cost of the program. Games are played on Saturdays.

### FUNDAMENTAL (Kindergarten-6th grade):

The focus of this league is on skill development and teamwork. There will be one practice and one game per week. Games will be played on Saturdays.

### COMPETITIVE TEAM LEAGUE (1st-8th grade):

Participants must be a part of a registering team with a coach. This league is for more skilled players and teams. Players in this division should have a good understanding of the game and be able to perform the basic skills. Teams will have one practice and one game a week. Games are played on Saturday and will have a season ending tournament.

### PRICING:

3-4 years & Fundamental: Member \$50/player • Non member \$65/player  
Team registration available. Please contact Kyle at [kgay@metroymca.org](mailto:kgay@metroymca.org).

Competitive League: Member \$55/player • Non member \$70/player  
Team registration available. Please contact Kyle at [kgay@metroymca.org](mailto:kgay@metroymca.org).

Registration opens  
July 16!  
Register by Monday,  
August 6 online or at  
any YMCA!



### IF YOU NEED A JERSEY:

Participants will need to purchase a jersey for \$18 at Midwest Sporting Goods in Council Bluffs.

# FAQ

## What equipment or apparel do you need?

Flag Football:

- Mouth guards (mandatory)
- Rubber cleats (optional) or athletic shoes
- Blue & white reversible Dri-Fit Jr. Reivers™ jersey. Jerseys are available to purchase at Mid-West Sporting Goods in Council Bluffs.

## What if we can't make the practice time the coach has picked out?

We will try our best to find another team that may work in your favor as long as we get enough time to make the adjustments and there is availability on other teams.

## When should we hear from the coach?

We hold mandatory coaches meetings two weeks prior to the start of the season. Coaches will receive their roster and are encouraged to get in contact with players & parents as soon as possible by phone, email, or text with details about the upcoming season.

## What if bad weather occurs on game days?

- You will receive word from the coach after we have made contact with them. Please refrain from calling the YMCA Welcome Center staff. If weather is a concern on game days, we advise that you check the following.
  - Facebook: check your location's page.
  - Player Space will also send out notifications.

## Where & when will the games & practices be held?

- Practices are determined by the coach.
- Coaches will reserve practice times at the YMCA Sports Complex and City Fields.
- Games are held on Saturdays at various times ranging from 9:00 am – early afternoon. Weekdays and Sundays may be used for makeup games.

## Will we be playing with kids from my YMCA only?

Due to the amount of participants registered, some leagues & programs may call for us to combine with other YMCAs in the Greater Omaha area.

## What are the league dates?

- First week of practices: August 27, 2018
- Season: September 8–October 20, 2018

## What are the dimensions of the balls being used?

Flag Football:

- 3 years – 2nd grade: Pee wee size
- 3rd – 8th grade: Junior size

## Player Space

The YMCA partners with Player Space for electronic communication and league management.

- Convenient 24/7 online access to league information such as schedules, practice times, team information, and event specifics.
- You will receive emails from Player Space for updates on important sports program information including schedule changes and practice times.
- Convenient access to your private Player space email where all league communication can be viewed.

## THANK YOU TO OUR SPONSORS!

JR. REIVERS™



## Coach & Volunteer!

Give back to your community by donating your time and talent as a youth sports coach or volunteer. We can't do it without you! Visit our website for more information about how to get involved:

[youth-sports.metroymca.org/information/coaches](http://youth-sports.metroymca.org/information/coaches)

