



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# TWIN RIVERS YMCA YOUTH PROGRAMS & EARLY CHILDHOOD EDUCATION

**2018 SPRING SESSION: March 4–April 28\***

\*Some programming runs on a different session schedule. See description for more information.

## TUMBLING

### **Tumblers (age 4–10 years)**

Students will learn balance, strength, motor control and flexibility in an engaging atmosphere. Participants receive introduction to foundational gymnastic skills.

**4–5 years: Saturday: 10:30–11:15 am**

**Member: \$60 • Non member: \$92**

**6–10 years: Saturday: 11:30 am–12:30 pm**

**Member: \$65 • Non member: \$96**

### **Marvelous Messes (ages 2–5 years)**

In this class your child will develop motor skills, rhythm, song and beginning social skills. Your child will participate in free play, singing, games, stories, and movement activities. We also include fun and messy play designed to enhance your preschooler's development. Finger painting, sand and water play, shaving cream and more.

**Wednesday: 9:45–10:45 am**

**Member: \$24 • Non member: \$33**



### **YOUTH PROGRAMMING CONTACT:**

**Cole Buffington, Youth & Family/Sports Director**  
**402-359-9622 • [cbuffington@metroymca.org](mailto:cbuffington@metroymca.org)**

**REGISTRATION OPENS – Members: February 19 • Non members: February 23**  
**Register at the Twin Rivers YMCA Welcome Center or online: [www.metroymca.org](http://www.metroymca.org)**