



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Registration opens
February 12!
Register by Saturday,
March 3 online or at
any YMCA!

READY TO RUMBLE

Jr. Huskers™ Spring Flag Football
For youth Kindergarten – 8th grade

SPRING SEASON: April 7–May 19

FUNDAMENTAL DIVISION (Kindergarten–6th grade):

Designed to teach your child the rules & fundamentals of the game without competitive pressure. Instruction will be led by YMCA staff. No scheduled games.

RECREATIONAL DIVISION (Kindergarten–4th grade):

One game per week plus one practice per week. Volunteer coaches focus on fundamentals & new skill development. All players will play at least 50% of the time. Teams are organized by the YMCA. The season will run for 7 weeks.

METRO LEAGUE DIVISION (5th–8th grade):

This division is an 8 week long league for 5th–8th graders. Players will be assigned to teams that practice once per week and play one game a week. Games will be played at various metro locations.

PRICING:

Kindergarten – 8th grades: Member \$45/player • Non member \$75/player

*Add \$20 to the price if after the registration deadline.

IF YOU NEED A JERSEY: Add \$5 to the registration price.



FAQ

What equipment or apparel do you need?

Flag Football:

- Mouth guards (mandatory)
- Rubber cleats (optional) or athletic shoes
- Black & red Jr. Huskers™ jerseys. Red is home, black is away.
- Jerseys are available to purchase at time of registration for Kindergarten-8th grade.

What if we can't make the practice time the coach has picked out?

We will try our best to find another team that may work in your favor as long as we get enough time to make the adjustments and there is availability on other teams.

When should we hear from the coach?

We hold mandatory coaches meetings two weeks prior to the start of the season. Coaches will receive their roster and are encouraged to get in contact with players & parents as soon as possible by phone, email, or text with details about the upcoming season.

What if bad weather occurs on game days?

- You will receive word from the coach after we have made contact with them. Please refrain from calling the YMCA Welcome Center staff. If weather is a concern on game days, we advise that you check the following.
 - Facebook: check your location's page.
 - YMCA Sports Cancellation Hotline: 402-661-7150
 - Player Space will also send out notifications.

Where & when will the games & practices be held?

- Practices are determined by the coach.
- Coaches are responsible for finding a location and time at local area fields and schools.
- Games are held on Saturdays at various times ranging from 8:30 am - early afternoon. Weekdays and Sundays may be used for makeup games.
- Fundamental Division: time, day, and location are TBD.

Will we be playing with kids from my YMCA only?

Due to the amount of participants registered, some leagues & programs may call for us to combine with other YMCAs in the Greater Omaha area.

How will we receive our jerseys?

Coaches will pick up jerseys the week that practices begin and will distribute them at the first practice.

What are the league dates?

- First week of practices: March 26, 2018
- Season: April 7-May 19, 2018

What are the dimensions of the balls being used?

Flag Football:

- Kindergarten - 2nd grade: Pee wee size
- 3rd - 6th grade: Junior size
- 7th & 8th grade: Youth size

Player Space

The YMCA partners with Player Space for electronic communication and league management.

- Convenient 24/7 online access to league information such as schedules, practice times, team information, and event specifics.
- You will receive emails from Player Space for updates on important sports program information including schedule changes and practice times.
- Convenient access to your private Player space email where all league communication can be viewed.

THANK YOU TO OUR SPONSORS!

JR. HUSKERS® JR. MAVERICKS™
JR. STORM CHASERS™



Coach & Volunteer!

Give back to your community by donating your time and talent as a youth sports coach or volunteer. We can't do it without you! Visit our website for more information about how to get involved:

youth-sports.metroymca.org/information/coaches

